



## SPA OASES WITH MOUNTAIN VIEW

**With the «eau-là-là-là» spa and swimming centre Davos has set up a modern world of bathing facilities. The Davos Klosters hotels boast a variety of public facilities such as generously designed spa baths and small, excellent oases to relax.**

Steam bath and sauna, whirlpool and water slide – the «eau-là-là» offers all facilities a modern spa centre ought to provide. A unique view on the mountain landscape as well as on the Davos Kurpark can be enjoyed in the spacious relaxing area. An adventure bath featuring indoor and outdoor swimming pools as well as an 80 metres long black hole water slide complete the baths world. – [eau-la-la.ch](http://eau-la-la.ch)

### **The diversified spa**

The public thermal spa, bathing and sauna area of the Davos Sunstar Alpine Hotel extends over 1,000 m<sup>2</sup>. The indoor swimming pool measures 20 x 15 m and the water temperature is 28° C. Inside, guests find a steam bath and a Roman thermal spa with four climate zones, saunas, massage showers and a solarium. The garden provides a Finnish log cabin sauna, a large panoramic relaxation room and a sunbathing lawn. Various massages, a cosmetics studio as well as a gym and fitness room complete the offer. The Sunstar Alpine Hotel Davos offers various relaxation programmes, daily packages and single entries. – [parkhotel-davos.sunstar.ch](http://parkhotel-davos.sunstar.ch)

### **The relaxing one**

The luxurious Alpine Spa at the new Hotel InterContinental invites you to linger and pamper yourself. Pure well-being on 1200 m<sup>2</sup> with swimming pool and outdoor pool, Finnish sauna, steam bath, 14 treatment rooms, including two Alpine Spa suites for couples and a gym. Entrance is free of charge for hotel guests, external guests pay a daily flat rate. – [davos.intercontinental.com](http://davos.intercontinental.com)

### **The healing spa**

The healing effects of the sulphur spring at Bad Serneus have been exploited since the 16th century. The spring water offers relief for arthritis, arthrosis or rheumatism. As for the swimming pool, the water is heated to 34° Celsius. Massage and air jets in the pool provide relaxation possibilities. The unpleasant odour of sulphates contained in the water is taken away by means of modern technology. Outside the swimming pool, the healing spring water is offered to drink. The spa area offers a place to relax as well as a Finnish sauna, steam bath, adventure showers, contrasting baths, Kneipp bath, solarium and an infrared cabin equipped with colour and music therapy.

### **The water world**

The element water is the focus of the wellness world at the Silvretta Parkhotel in Klosters. The 14 m long and 7 m wide indoor swimming pool also allows for sporty swimming. But the majority of the guests enjoy being floated in 28°C warm water. A whirlpool completes the water experience. Two Finnish saunas provide relaxation and the guests can cool down in various showers – from a gentle rain shower to a refreshing splash shower. – [silvretta.ch](http://silvretta.ch)

### **The salty spa**

The Waldhotel Davos offers the only brine bath in the region. Sole has always been regarded as an adjuvant for the treatment of respiratory problems, cardiovascular diseases, allergies, digestive problems and vegetative disorders. Sole also helps to prevent muscle aches after sporting activities such as hiking or skiing. In addition to the medical benefits, the 34 C warm water, mixed with salt from the Swiss Rhine salt works, has a calming and decelerating effect. Bubble bed, massage jets and countercurrent system provide additional well-being. The offer is supplemented by a brine grotto, sauna, physiotherm infrared cabin, Turkish steam bath, Kneipp room and water gymnastics. – [waldhotel-davos.ch](http://waldhotel-davos.ch)

### **The relaxing spa**

The 700m<sup>2</sup> wellness area at Hotel «Waldhuus» lets you forget daily routine. Guests can relax in the Finnish sauna, bio-sauna and steam bath or in the large indoor pool. They can do their laps in 30 degrees Celsius warm water or relax their muscles in the shallower area. Or you can also work out in the modern gym. Meanwhile, the youngest ones can enjoy themselves in the Globi Kids Club. – [waldhuusdavos.ch](http://waldhuusdavos.ch)

### **Small but excellent**

Different hotels in the destination treat their guests with small but excellent spa oases as well as fitness rooms. – [davos.ch/davos-klosters/unterkuenfte/hotels](http://davos.ch/davos-klosters/unterkuenfte/hotels)

### **Destination Davos Klosters**

Davos Klosters is one of the most famous holiday resorts in the world and boasts the most comprehensive holiday, sports and meeting facilities in the mountains. Although the contrast between urban Davos and idyllic Klosters could not be greater, both villages, which lie only ten minutes drive from each other, have one thing in common: their fascinating and breathtaking mountain backdrop.

[www.davos.ch](http://www.davos.ch) | [www.klosters.ch](http://www.klosters.ch)

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